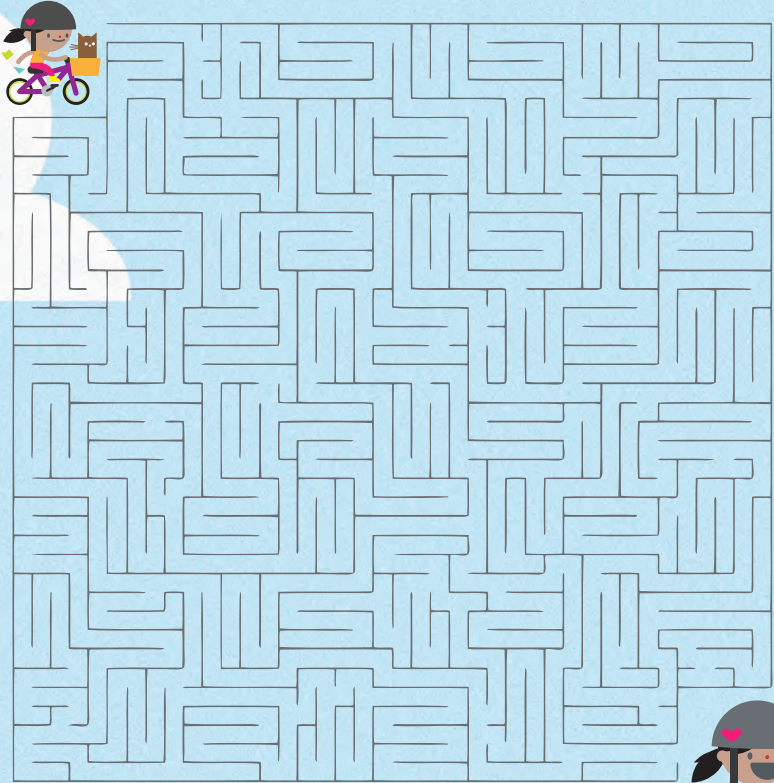


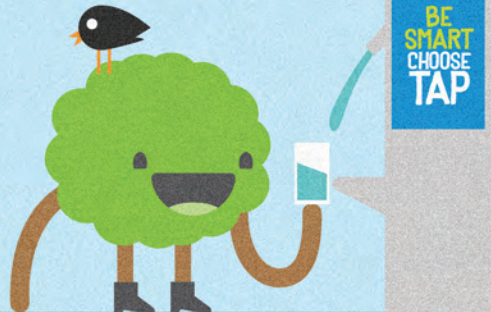
A healthy person will generally lose about a litre of water through sweat during an hour of moderate to vigorous exercise, so it's especially important to stay hydrated during exercise.

Help Ebbie get to the drink bottle tap to rehydrate!

MAZE PUZZLE!



AWESOME!



Help Ebbie get to the drink bottle tap to refill her bottle by solving the Maze!