

DID YOU KNOW...

Water is essential for helping children stay hydrated throughout the day. It makes up 70% of a child's body mass and is needed to keep all parts of the body functioning properly. Tap water is more environmentally friendly than bottled water and is up to 1,500 times cheaper than bottled water.

The Choose Tap Program aims to promote the benefits of drinking tap water as part of a healthy lifestyle and as a positive alternative to bottled water.

